

Wellness Committee - 63

2021/2022



TEXAS A&M UNIVERSITY
GALVESTON CAMPUS

Responsible VP or Department Head: Ron Sorenson

Committee Charge: The objective of *AIM Well* is to provide a supportive environment that encourages employees to adopt healthy behaviors and positive lifestyle changes that help improve job performance, increase work satisfaction, and reduce health care/insurance costs. AIM Well promotes Fitness and Well-Being by providing Information and Opportunities to foster relationships and service for Purposeful Living.

In accordance with [System Regulation 31.02.13 Wellness Program](#), the campus is expected to have a Wellness Committee to promote wellness on campus.

Membership Selection Process: By appointment

Meeting Times: As scheduled by the chair

Position	Name
Chair / Wellness Champion Expires 08/31/2022	Ron Sorenson Human Resources
Staff Member Expires 08/31/2022	Laura Burgess Ocean Engineering
Faculty Member Expires 08/31/2022	Vanessa Garza Budget and Analysis
Staff Member Expires 08/31/2022	Joe Hoff Student Services
Staff Member Expires 01/31/2022	Vacant
Staff Member Expires 08/31/2022	Kristin Johnson Recreational Sports
Staff Member Expires 08/31/2022	Irfan Khan Marine Engineering
Staff Member Expires 08/31/2022	Marlee Williams Residence Life