Checklist for Spring/Fall 2013 Orientation Week

- **Return the Corps Bookstore Pack Order Form immediately.** The TAMUG Bookstore will have this Pack ready for you when you report for O-WEEK on 18 August (or 10 January for Spring). If you cannot return this order form two weeks before O-WEEK, your supplies may be delayed.

- **Register for your New Student Conference.**

- **Uniform order** – Please order your Texas Maritime Academy cadet uniforms. Fill out and mail the enclosed order forms with sizes and credit card information to the address on the order form. Payment is credit card only. Estimated cost is $1,600. *NROTC Cadets have different requirements as outlined in the attachment.*

- **Order your Coveralls and Jacket for Ship’s Maintenance as per attached instructions (License Option only).**

- **Please advise the Corps Office of any medical conditions that might prevent you from strenuous physical exercise.** A written doctor’s excuse is required. Bring any medication that you may need.

- **Bring your driver’s license/state/student ID and your original Social Security Card.** If it has been lost, apply for a replacement prior to arrival by requesting the Social Security Office to furnish you a Verification of Application for Replacement and Proof of Number, which you must have at O-WEEK.

- **Bring a current passport.** It is required in order to be able to fully participate in cadet shipping.

- **Bring your medical insurance card.**

**Women:**

- **Bobby Pins, Barrettes, Hair Rubber bands that match your hair color.** In uniform, you will wear your hair tied up above your collar.

- **Hair Spray or Gel.** To help keep those fly-aways “squared-away.”

- **Underwear.** White or skin colored underwear are a must under our Summer White uniform. Sports bras are suggested for physical activity.

- **Undershirts.** Plain white crew-neck undershirts to be worn under uniforms. No V-Necks.

- **One-Piece Bathing Suit.** For the swim qualifications you must wear a black one-piece “sports like” bathing suit.

- **Natural Make-Up.** No colorful eye shadows and lipsticks.

- **Clean Finger Nails.** No finger-nail polish or fake nails at O-Week.

**Supplies to bring to O-WEEK.**

2 Pair Clean Running Shoes
Black Steel Toe Boots/Shoes
Basic Bathroom Cleaning Supplies
Toiletries (shampoo, soap, etc)
Plain Towels (standard size, not plush)
Shaving Kit
White Crew T-Shirts (6)
White Athletic Socks (6)
Underwear (6)
New Dark Blue Jeans (no cargo pockets) (3)
Deodorant
Shower Shoes
Women: Black Elastic Hair Bands
Standard Twin Bed Linen Sets
Sun Block SPF 30/ bug spray
Athlete’s foot powder or cream
Texas Maritime Academy Grooming Standards

Hair

Men: New students participating in O-week will receive a haircut upon arrival. In general, hair will be neat, clean, trimmed and present a tapered appearance. Hair will not touch the collar and, starting at the skin at the back and sides of the head, will present a tapered appearance. Hair will be off the ears. Hair in front will be groomed so that it does not fall below the brim of properly worn headgear. Hair will never exceed 3 inches in bulk and or 4 inches in length.

Women: Keep hair clean, neatly shaped, and arranged in a professional style. When in uniform, hair may touch but not fall below the lower edge of the collar. Long hair must be neatly fastened or pinned so that the above standards are met when in uniform. Hair in front will be groomed so that it does not fall below the brim of properly worn headgear. Hair will be worn so as not to interfere with the proper fitting of the cover. Hair coloring must look natural and compliment the individual. Faddish, exaggerated styles, and exaggerated multi-color hair is not allowed. A maximum of two barrettes, similar to hair color, may only be used to pin up hair while in uniform. Pins, if worn, must be unobtrusive.

Fingernails:

Men: Fingernails shall not extend beyond the fingertip.

Women: Fingernails shall not extend any more than ¼-inch beyond the fingertip. Nail polish shall be conservative and complement the skin tone.

Cosmetics: (women only) Exaggerated or faddish cosmetic styles are inappropriate with the uniform and shall not be worn. Lipstick colors shall be conservative and complement Navy uniforms. Long false eyelashes shall not be worn when in uniform.

Jewelry:

Wearing jewelry is authorized for all personnel. Jewelry shall not present a safety hazard. Jewelry shall be worn within the following guidelines:

Rings: While in uniform, only one ring per hand is authorized, excluding the wedding and engagement rings.

Earrings: Females may wear one earring per ear with any uniform. Small single pearl earrings are authorized for wear with Ceremony and Dinner Dress uniforms. Only yellow gold 6 mm ball (approximately ¼ inch), plain with brushed or matte finish, screw-on or post type are authorized to be worn with all other uniforms. Males are not authorized to wear earrings in uniform. No other body piercings are allowed.

Necklaces: While in uniform, only one necklace may be worn, and it shall not be visible.

Wristwatch & Bracelet: While in uniform, only one of each may be worn. Ankle bracelets are not authorized while in uniform.