Do you need assistance? Below is a list of resources that may be of help to you.

**Bryan/College Station**

- **Employee Assistance Program**: confidential counseling services to employees and their benefits-eligible dependents. Call 979-845-3711 to schedule an appointment.
- **St. Vincent de Paul Society**: for rent, mortgage or utility assistance, call Friday starting at 9 am to get an appointment; for prescriptions, food, clothing or transportation assistance call Tues to Thurs between 9 am and 3 pm. 979-775-2273.
- **Brazos Valley Community Action Agency (BVCAA)**: for utility assistance: 979-595-2910, 4001 E. 29th St., suite 150, Bryan
- **Salvation Army**: for utility or rent: 979-779-3470 (call on the 1st or the 3rd Monday of the month for an appointment), 2506 Cavitt Av. In Bryan
- **Catholic Charities of Brazos Valley**: for utility assistance: 979-822-9340, 1410 Cavitt St. in Bryan
- **Brazos County Assistance Programs**: visit their website for assistance opportunities. [http://www.needhelppayingbills.com/html/brazos_county_assistance_progr.html](http://www.needhelppayingbills.com/html/brazos_county_assistance_progr.html)
- **Brazos Valley Food Bank** can assist families in getting food, call 979-779-3663. Additionally, an outreach coordinator can assist in applying for the following services:
  - Food Stamp Program (also known as SNAP)
  - Temporary Assistance for Needy Families (TANF)
  - Medicaid
  - Women’s Health Program
- **Aggieland Pregnancy Outreach**: 979-764-6636 or [http://www.pregnancyoutreach.org](http://www.pregnancyoutreach.org)
- **Twin City Mission**: for help with shelter, meals, clothing, household items, and other needs, call 979-822-7511
- **Health for All**: a non-profit free health care clinic located at 3030 East 29th Street, Suite 111 in Bryan. Call 979-774-4176.

**Dallas/Ft. Worth**

- **Medical**
  - **Fort Worth**
    - JPS Hospital and Clinics at (817) 920-7000 or [www.jpshealthnet.org](http://www.jpshealthnet.org)
  - **Dallas**
    - Parkland Health and Hospital Systems at (214) 590-8000
    - North Dallas Shared Ministries at (972) 620-8696
- **Legal Assistance**
  - Catholic Charities Immigration and Legal Services at (214) 634-7182
  - American Civil Liberties Union of North Texas at (214) 939-8089
  - Advocacy Incorporated at (214) 630-0916
  - Dallas Bar Association at (214) 220-7476
  - Dallas Legal Hospice at (214) 521-6622
  - Dallas Volunteer Attorney Program at (214) 748-1234 ext. 3348
  - Fathers for Equal Rights at (214) 953-2233
  - Legal Services of North Texas at (214) 748-1234
  - Womens Advocacy Project at (214) 374-HOPE
- **Child Care and Youth Services**: Child Care Assistance at 214-630-5949
- **Housing Assistance**
  - Dallas County Housing Agency at (214) 819-2000
  - Tarrant County Housing at (817) 531-7640
  - www.texashousing.org
- **Transportation**
  - Dallas Area Rapid Transit (DART) at (214) 979-1111
  - Greyhound at (214) 849-8966
  - Trinity Railway Express at (817) 215-8600
- **Homeless/Transitional Services**
  - Metro Dallas Homeless Alliance at (214) 670-1100
  - Presbyterian Night Shelter (Fort Worth) at (817) 632-7400
  - Tarrant County Samaritan House at (817) 332-6410
- **Food**
  - **Fort Worth**
    - Tarrant Area Food Bank at (817) 332-9177
    - Texas Food Bank Network at (817) 735-9292
    - Community Food Bank at (817) 924-3333
    - Richland Hills Church of Christ - Food Bank at (817) 281-2807
  - **Dallas**
    - North Texas Food Bank at (214) 330-1396
    - Skillman Church of Christ Food Pantry at (214) 826-4221
    - Aids Resource Food Pantry at (214) 521-3390
    - Operation Hope Food Pantry at (214) 565-9136
    - Central Dallas Ministries at (214) 823-8710
- **Counseling and Mental Health**: Counseling and Crisis Line 972-233-2233
- **Alcohol and Drug Abuse**
  - AA Metropolitan Dallas Info at (214) 887-6699
  - Memorial Hermann Prevention and Recovery Center at (877) 464-7272
  - Hickory Trail Hospital at (972) 298-7323
  - Valley Hope Alcohol & Drug treatment Center at (817) 424-1305
  - Presbyterian Hospital of Dallas at (214) 345-7355
  - Catholic Alcoholism Ministry at (972) 960-2166
  - Dallas Country Treatment Center at (214) 946-5540
  - Alcoholic Recovery at (214) 823-3200

**Galveston**
- **Employee Assistance Program**: confidential counseling services to employees and their benefits-eligible dependents. Call (409) 772-2485 to schedule an appointment.  
  [http://www.tamug.edu/hrd/Employees/EAP.html](http://www.tamug.edu/hrd/Employees/EAP.html)
- **Catholic Charities**: Rent, Utility, Short term Case Management, Information and Referral assistance is available to individuals and families in crisis, as funding is available.  
  [http://www.catholiccharities.org/galveston](http://www.catholiccharities.org/galveston)

**Galveston Office**: 4700 Broadway, Suite G-101, Galveston, Texas 77551 (409) 762-2064
**Texas City Basic Needs Office**: 712 5th Ave. North, Texas City, TX 77590 (409) 948-0405
• **St. Vincent’s House:** can provide rent assistance to families facing an eviction and/or utility bill assistance to those Galveston County residents that are at risk of having water, gas, or electricity discontinued. Other services include free transportation to social services and health care. 2817 Alfreda House Place, Galveston, Texas 77550, (409) 763-8521. [http://stvhope.org/](http://stvhope.org/)

• **Salvation Army:** Services that range from providing food for the hungry, relief for disaster victims, assistance for the disabled, outreach to the elderly and ill, clothing and shelter to the homeless and opportunities for underprivileged children. 601 51st Street, Galveston, TX 77551, (409) 539-5045; [http://www.salvationarmytexas.org/location/galveston/](http://www.salvationarmytexas.org/location/galveston/)

• **Galveston County Social Services:** Services are provided to individuals and families in need residing in Galveston County, and these programs include rent help and section 8 low income housing. League City - 174 Calder Road, Suite 142, League City, TX 77573; (409) 765-2933 Galveston - 123 25th St, Suite 4127, Galveston, Texas 77550; (409) 770-5803, Texas City - 2516 Texas Avenue, Texas City, TX 77590; (409) 770-5803

• **Family Service Center of Galveston County:** Provides comprehensive outpatient mental health counseling services to its residents regardless of ethnicity, gender, age, diagnosis, or economic status. Our mission is to promote the mental health and wellbeing of individuals and families through counseling, education, and prevention. [http://www.fsc-galveston.org/](http://www.fsc-galveston.org/)

• **Galveston County Food Bank:** Helping to provide free food and non-food products to our neighbors in need. 624 4th Avenue North, Texas City, TX 77590 (409) 945-4232

• **Lone Star Legal Aid:** 2200 Market St, Suite 301, Galveston, TX 77550 (409) 763-0381 [http://lonestarlegal.org/galveston.pl](http://lonestarlegal.org/galveston.pl)

• **United Way of Galveston:** 2200 Market St, Suite 850, Galveston, TX 77550, (409) 762-4357; [http://www.unitedwaygalveston.org/](http://www.unitedwaygalveston.org/)

• **United Way Galveston County Mainland:** 922 14th Street N, Texas City, TX 77590, (409) 948-4211; [http://uwgcm.org/?p=323](http://uwgcm.org/?p=323)

• **Galveston County Assistance Programs:** visit their website for assistance opportunities. [http://www.needhelppayingbills.com/html/galveston_assistance_programs.html](http://www.needhelppayingbills.com/html/galveston_assistance_programs.html)

• **Other Employee Assistance Resources:** Visit these websites for assistance opportunities: [http://www.tamug.edu/hrd/Employees/Employee%20Assistance%20Resources.html](http://www.tamug.edu/hrd/Employees/Employee%20Assistance%20Resources.html) [https://www.211texas.org/cms/](https://www.211texas.org/cms/) [http://www.namigulfcoast.org/](http://www.namigulfcoast.org/)